

Drugs and Health Products

Product Information

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Natural Product Number: 80024599
Current Status: Active
Brand Name(s): Bpt Ashwagandha Root Extract Capsules Usp 250 Mg
Name of Licensee: BioPharmtech Canada Ltd.
Dosage Form: Capsule
Recommended Route of Administration: Oral

Recommended Dose:

Sub Population (Sub Pop.)					Amount				Frequency (Freq.)			
Sub Pop.	Age	Min.	Max.	UoM* Age	Quantity (Qty)	Min.	Max.	UoM* Qty	Freq.	Min.	Max.	UoM* Freq.
Adults					1.0			capsule	3			daily

* UoM: Unit of Measure

Recommended Use or Purpose:

Traditionally used in Ayurveda as Rasayana (rejuvenative tonic). Traditionally used in Ayurveda to relieve general debility, especially during convalescence or old age. Traditionally used in Ayurveda as a sleep aid. Traditionally used in Ayurveda to balance aggravated Vata (nervine tonic, sedative). Traditionally used in Ayurveda for memory enhancement.

Risk Information:

Cautions and Warnings

Consult a health care practitioner prior to use if you are pregnant or breastfeeding. Consumption with alcohol, other drugs or natural health products with sedative properties is not recommended.

Medicinal Ingredients	Quantity per Dosage Unit	Extract	Potency
Withania somnifera (L) dunal (solanacoae)	250.0 mg	8 : 1 DHE: 2000 mg	