

Drugs and Health Products

Product Information

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Natural Product Number: 80021845
Current Status: Active
Brand Name(s): Bpt Mood Balance Capsule 100 Mg
Name of Licensee: BioPharmtech Canada Ltd.
Dosage Form: Capsule
Recommended Route of Administration: Oral

Recommended Dose:

Sub Population (Sub Pop.)					Amount				Frequency (Freq.)			
Sub Pop.	Age	Min.	Max.	UoM* Age	Quantity (Qty)	Min.	Max.	UoM* Qty	Freq.	Min.	Max.	UoM* Freq.
Adults					2.0			capsule	1			daily
Adults					1.0			capsule	3			daily

* UoM: Unit of Measure

Recommended Use or Purpose:

Helps to promote healthy mood balance. Used as a sleep aid.

Risk Information:
Cautions and Warnings

Consult a health care practitioner if sleeplessness persists continuously for more than 3 weeks (chronic insomnia). Consult a health care practitioner if symptoms persist or worsen. Consult a health care practitioner prior to use if you are pregnant or breastfeeding. Consult a health care practitioner prior to use if you are taking carbidopa or drugs/supplements with serotonergic activity. These may include, but are not limited to, L-tryptophan, S-adenosylmethionine (SAME), St. John's wort, antidepressants, pain killers, over the counter cough and cold medication containing dextromethorphan, anti-nausea medication and anti-migraine medication. Discontinue use and consult a health care practitioner if you show signs of weakness, oral ulcers, or abdominal pain accompanied by severe muscle pain or if you experience skin changes. Adult use only.

Contra-Indications

Do not use if you have scleroderma.

Known Adverse Reactions

Some people may experience drowsiness. Exercise caution if operating heavy machinery, driving a motor vehicle or involved in activities requiring mental alertness. Some people may experience diarrhea, nausea, vomiting and abdominal pain.

Medicinal Ingredients	Quantity per Dosage Unit	Extract	Potency
L-5-Hydroxytryptophan	100.0 mg		