

## Drugs and Health Products

### Product Information

[User Guide](#)

[Terminology Guide](#)

[Compendium of Monographs](#)

[New Search](#)

**Natural Product Number:** 80026505  
**Current Status:** Active  
**Brand Name(s):** Bpt Trimethylxanthine Tablets Usp 200mg  
**Name of Licensee:** BioPharmtech Canada Ltd.  
**Dosage Form:** Tablet  
**Recommended Route of Administration:** Oral

#### Recommended Dose:

Sub Population (Sub Pop.)					Amount				Frequency (Freq.)			
Sub Pop.	Age	Min.	Max.	UoM* Age	Quantity (Qty)	Min.	Max.	UoM* Qty	Freq.	Min.	Max.	UoM* Freq.
Adults					1.0			tablet		1	4	daily

\* UoM: Unit of Measure

#### Recommended Use or Purpose:

Helps (temporarily) to promote alertness and wakefulness, and to enhance cognitive performance; Helps (temporarily) to relieve fatigue, to promote endurance, and to enhance motor performance; Used (temporarily) as a mild diuretic.

#### Risk Information:

##### *Cautions and Warnings*

Consult a health care practitioner prior to use if you are taking lithium; Consult a health care practitioner prior to use if you have high blood pressure, glaucoma, and/or detrusor instability (overactive bladder syndrome); Consumption with natural health products (e.g. bitter orange extract, synephrine, octopamine, ephedra) or other drugs (e.g. ephedrine) which increase blood pressure is not recommended; Consumption with other caffeine-containing products (e.g. medications, coffee, tea, colas, cocoa, guarana, maté) is not recommended; This product is not intended as a substitute for sleep. If takes 2 tablets or more per day: consult a health care practitioner if you are of childbearing age, pregnant or breastfeeding.

##### *Contra-Indications*

Hypersensitivity/allergy is known to occur, in which case, discontinue use. If takes 3 tablets or more per day, caffeine may cause anxiety, tachycardia, palpitations, insomnia, restlessness, nervousness, tremor and headache.

Medicinal Ingredients	Quantity per Dosage Unit	Extract	Potency
1,3,7-Trimethylxanthine	200.0 mg		